

HIGHTOWN SURGERY DIABETIC CLINIC

INFORMATION SHEET

The Diabetes Clinic

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What is the benefit of attending a diabetes clinic?

The Diabetes Clinic is run by the Hightown Surgery Diabetic Team. All Diabetic patients will see a doctor in clinic at least annually. We will endeavour for this to be the same doctor that you have seen before. At the clinic you will have regular reviews where you will be monitored for good control of diabetes, blood pressure and cholesterol. You will also be screened for the complications of diabetes. You will have access to education and written information if necessary. This is the opportunity to voice your queries with regard to various aspects of your diabetic care.

What happens at the clinic?

Many of the following will happen during your visit your diabetic appointment. The use of a computerised database and structured patient records allows us to track the progress of your diabetes and for timely intervention in the event of developing complications.

- Measurement of weight and blood pressure
- A review of your Diabetic blood tests
- A review of urine tests
- Examination of your feet
- Discussion with the doctor and/or diabetes nurse
- A review of your medications

Who do I see?

You will initially see a nurse. You may be asked to see the doctor afterwards.

How long will I have to wait?

Every effort is made at our clinics to see patients on time. Unfortunately it is not always possible to predict the required length of time as some consultations take longer than expected.

How do I set about arranging an appointment?

You will be sent a letter inviting you to book a blood test then Diabetic Clinic appointment.

General advice on attending the clinic

- If you have not already done at the Phlebotomy appointment, please bring in an early morning urine sample.
- We will need to examine your feet.

Non-attendance

Please make every effort to inform us if you are not able to attend as this helps us manage our clinics and waiting times.