

## **Practice and Training Profile – Hightown Surgery, Banbury**

### *Partners*

Dr Harold Hin  
Dr Louise Cornwall  
Dr Sandar Hlaing

### *Associate doctors*

Dr Catriona Stephens  
Dr Rachel Urquhart  
Dr Sarah Lourenco  
Dr Nicholas Hodgkins

**Hightown Surgery** is a thriving practice in purpose-built premises opposite the Horton Hospital. We have a list size of approximately 10 000, serving Banbury and surrounding villages. We have a good demographic mix of patients and a larger than average number of children and young families.

### **Primary Health Care Team**

Doctors: 3 partners and 5 salaried G.P.s, equivalent to 5 ½ full timers altogether.

Nursing team: 3 practice nurses, health care assistant, phlebotomist

Admin. team: Practice manager, I.T. manager, reception team, full admin. support team

Attached Staff : 3 community nurses, 2 health visitors and health visiting assistant, Macmillan nurse, Counsellor, Drugs and Alcohol Counsellor, community midwife.

We have a happy and committed team who are enthusiastic about training and appreciate having learners in the practice.

### **Computerisation**

Full computerised with “Vision” (windows-based) system. Paperlight.

### **Training and Education**

Hightown has been a training practice since 1992. Louise Cornwall has been our trainer since 2005, supported by the whole team. Sandar Hlaing is currently completing her Certificate of Medical Education and will be a fully accredited trainer by early next year. She already has significant teaching experience in secondary care and is involved in training our recent ST2s and registrar. All doctors take part in tutorials and informal teaching and we are fortunate in having 2 salaried assistants who recently trained on the Banbury scheme (with us) and who can therefore be especially helpful to new learners in the practice.

Harold Hin is the co-ordinator for the Protected Learning Time sessions for local GPs, run at the Horton several times a year.

Our Practice Manager and I.T. Manager also contribute to tutorials and all practice and attached staff are involved in teaching in one way or another.

Learners to date have included medical students, PRHOs (now F1/F2), registrars (now ST3s), ST1/2's, nurses, midwifery and health visitor students, student counsellor and most recently a pharmacist. We have Oxford medical students in October each year.

## **In-house Education :**

Weekly *team* meeting (Monday lunchtime): whole PHCT (GPs/PNs) including problem and interesting case discussion, Macmillan nurse case reviews, topical reviews and information sharing. visiting speakers (eg local consultants), specific topics/audits/service reviews and presentations.

Weekly *clinical* meeting (Wednesday lunchtime): nurses and GPs. Monthly visiting speakers (visiting consultants, new services providers etc), monthly referrals review, topical discussions and service reviews.

Doctors also meet for a sandwich every day, which provides opportunity for discussing patients or subjects informally (and for social chat too!)

## **Additional interests**

Research : Harold Hin

Family planning clinics : Sarah Lourenco, Rachel Urquhart

OOH : Louise Cornwall For registrars - Excellent opportunity to learn telephone triage in particular.

Within the practice team many of us have areas of particular interest or expertise (and sometimes both!) eg ENT, joint injections, minor surgery, paediatrics, female health, mental health, dermatology, cardiology.

## **Banbury area**

A fast growing market town in a sea of countryside and villages. Good transport links and motorway access. Within easy reach of Oxford, Stratford, Warwick, Birmingham (and London by train).

Excellent DGH (with approachable consultants!) and post-grad centre just across the road. Monthly joint GP/consultant educational meetings (Friday lunchtime). More specialist services provided in Oxford, about 40 minutes drive away.

New sports' centre in the town and health club (posher gym) 1mile out. Arts' centre, cinema, museum, bowling, large shopping centre, lots of good country pubs and golf courses. Excellent local schools (state and independent).

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